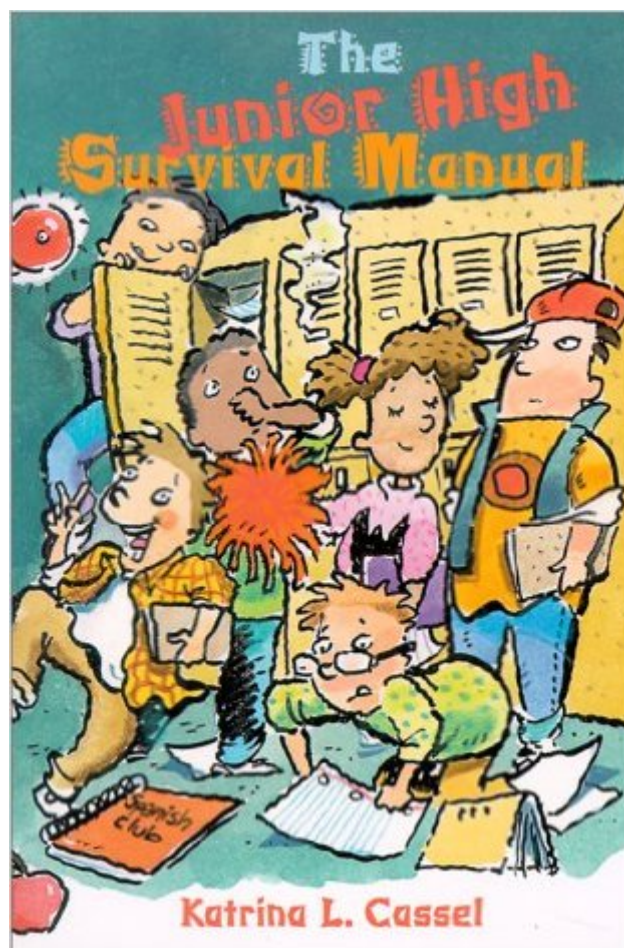


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# The Junior High Survival Manual



## Synopsis

Discusses things a junior high school student needs to know, such as setting goals, keeping good study habits, and improving social skills, and how Christian faith can help in these pursuits.

## Book Information

Paperback: 128 pages

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Product Dimensions: 7.5 x 5 x 0.3 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (13 customer reviews)

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## Customer Reviews

As both a teacher and mother I find this a valuable resource for students. Although the book is listed for ages 10-14, it is of benefit for any jr high or sr high student. The Jr High Survival Manual offers practical suggestions about goal setting, time management, test taking, adjusting to a new school, making friends, handling peer pressure and decision making. Along with relevant material, the book has cartoon drawings, scripture and interactive pages for the reader. I would recommend the book for all jr high students as well as teachers, youth workers and counselors.

This book is a must read for any student in junior high or soon to enter junior high. This is a scary time for any teen ager and Ms. Cassel answers a lot of questions about studying, peer pressure and how to deal with all those little problems that crop up unexpectedly in school and life.

If I had had this book before I started junior high school, I think I would have enjoyed the experience a whole lot more. Cassel gives practical, concrete advice on everything from test taking to organizing your life to making friends and handling peer pressure. My son liked the interactive nature of the book and the fact that it was geared toward him as a Christian youth. I liked that it got him thinking about those upcoming junior high years, what he could expect, and how he could

handle it all. Now if Cassel would just do a practical dating guide that I could hand him in a couple more years!

I used this book to help me do better in school. I go to a small Christian school and we did each chapter together. Then I reread the book at home. It helped me know how to take notes, study for tests, and make better friends. I think if you are in middle school or junior high school you should read this book. Have a parent read it with you too.

Every junior high or middle school student should own this book. Or, parents read it to your kids to help them have a more successful time in junior high or even middle school. It will help your kids fit in with peers, get better grades and accomplish their goals.

Although this book is titled "The Junior High Survival Guide," it is also great for middle school students. The book is divided into three sections -- Study Skills, Friendship Factor and Decide for Yourself. The study skills section covers note taking, test taking, time management and more. The friendship section talks about making and keeping friends. The final section is on not only how to avoid negative peer pressure but how to create positive peer pressure. All of these topics are relevant to middle school students as well as Jr hi however parents may want to read the book with middle school students to make sure they get the most out of it.

This book offers practical advice for jr high age students in the areas of academics, relationships and peer pressure. The book is a mix of Christian principles and life skills. It is an excellent tool for teachers and youth leaders as well as teens. The book is interactive in nature allowing adolescents the chance to put the newly learned skills in practice.

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